Recommended Reading

**Addict in the Family: Stories of Loss, hope, and Recovery** *by Beverly Conyers* – Witnessing the addiction of a family member or loved one is a heart-rending experience. But hope can prevail, as shown in this compelling new book. Here, the gripping stories of fathers, mothers, sons, and daughters of addicts offer important lessons on loving, detachment, intervention, and self care.

**After the Fifth Sun: Class and Race in North America** *by James W. Russell—*This book offers a comparative exploration of the forms of social inequality in the United States, Mexico, and Canada, and demonstrates the separate logics and options in social thinking and policies that exist in each country. Shows how class and racial distinctions in North America first became an issue during Spanish and European colonization and then developed in patterns in all parts of similarities in the areas that become the United States, Mexico, and Canada. Comparatively describes the separate inequalities and accounts for how they developed. Russell considers the various inequalities from the outsider’s view as well as through insiders’ perspectives. For those interested in social stratification and racial and ethnic relations.

**A Brother’s Journey: Surviving a Childhood of Abuse** *by Richard Pelzer* – The story of Dave Pelzer is a legend of our times: the shattering tale of the child called “it” who was forced to live in the basement. His mother was the perpetrator or the horror, but she has a willing accomplice. It was Dave’s brother, Richard. When Dave was twelve the police removed him from the household, but the cycle of abuse continued. Mrs. Pelzer had a new target for her crazed alcoholic wrath. The hunter became the hunted- at the age of nine. This is his story. Recounting the warped dynamics of a family driven by abuse, he reveals his guilt at being the abuser, his scarring at being abused, the complete lack of questioning within the family about what was happening- and even the twisted respect the boys has for their mother. Richard became the target of his mother’s artillery of insanity, the victim of savage beatings leading to hospitalization, the boy denied clean clothes, the one who “deserved’ whole bottles of hot Tobasco sauce poured down his throat.

**A Chance in the World** *by Steve Pemberton* –From the day he is five-years-old and dropped off at his foster home of the next eleven years, Stephen is mentally and physically tortured. No one in the system can help him. No one can tell him if he has a family. Along the way, a single faint light comes only from a neighbor’s small acts of kindness and caring—and a box of books. From one of those books he learns that he has to fight in any way he can—for victory is in the battle. His victory is to excel in school. Against all odds, the author succeeded.

**A Child Called “It”** *by Dave Pelzer* –A controversial memoir describing horrific abuse sustained by the author as a child, before he was finally rescued by an astute teacher.

**A Child’s Journey Through Placement** *by Vera Fahlberg* –Fahlberg has provided the comprehensive guide for all who care about advocating children with all kinds of behavior and disorder issues.

**A Different Mirror: A History of Multicultural America** by *Ronald Takaki -* A Different Mirror was hailed by critics and academics everywhere as a dramatic new retelling of our nation's past. Beginning with the colonization of the New World, it recounted the history of America in the voice of the non-Anglo peoples of the United States--Native Americans, African Americans, Jews, Irish Americans, Asian Americans, Latinos, and others--groups who helped create this country's rich mosaic culture.

**A Man and His Mother: An Adopted Son's Search** by *Tim Green -* A Man and His Mother is the extraordinary story of one man's courageous search for the mother he never knew. Expertly written and filled with brilliant insights and heart-wrenching remembrances, as well as gentle humor, it is more than just a compelling look at what it means to be adopted. From Tim's life as a gangly youngster to competing in the grueling National Football League to having children of his own, this is an impassioned exploration of the special relationship between a man and his mother, and how deeply this relationship affects everything we do in our lives.

**A Man Named Dave** *by Dave Pelzer* –"All those years you tried your best to break me, and I'm still here. One day you'll see, I'm going to make something of myself." These words were Dave Pelzer's declaration of independence to his mother, and they represented the ultimate act of self-reliance. Dave's father never intervened as his mother abused him with shocking brutality, denying him food and clothing, torturing him in any way she could imagine. This was the woman who told her son she could kill him any time she wanted to--and nearly did. The more than two million readers of Pelzer's New York Times and international bestselling memoirs know that he lived to tell his courageous story. With stunning generosity of spirit, Dave Pelzer invites readers on his journey to discover how he turned shame into pride and rejection into acceptance.

**A Private Family Matter** *by Victor Rivas* –in A Private Family Matter, Victor recalls his days as an angry youth living under the rule and wrath of his father. A Cuban immigrant, Victor's dad was nicknamed El Ciclón for his tempestuous temperament, which led him not only to beat his wife but to abuse -- and eventually kidnap -- his own children. How Victor managed to seek help for his family and criminal punishment for his father, overcome his demons and learn to love himself, and share his experience with other victims and survivors of domestic abuse is at the heart of this profound and affecting memoir.

**A Tribe Apart: A Journey into the Heart of American Adolescence** *by Patricia* *Hersch* - Why do teenagers so often seem like a different species? Journalist Patricia Hersch gives a troubling answer in her fascinating, up-close-and-personal look at what it means to be a teen in today's American high schools. Rather than interviewing "high-risk" teens (those already swept up in a cycle of drug use, gang violence, or unintended pregnancy, for example), Hersch focuses her attention on "regular kids"--adolescents who are average achievers on academic and social levels. In light of this, *A Tribe Apart* is all the more startling to read: Hersch's investigative approach makes it impossible for parents to shrug off their responsibilities by saying "That's not my kid." This *is* your kid

**A Question of Balance: Decision Making for CASA’s** *by Janet Ward* –Easy to read narrative and sample interview questions that pull together the “how” and “why” of the 30+ hour National CASA/GAL preservice training for volunteers.

**Alphabet Kids** *by Robbie Woliver* –A guide for people working with children who exhibit symptoms of a possible disorder that may impede their physical, psychological, intellectual, or emotional development.

**Almost Home: Helping Kids Move from homelessness to Hope** –This book tells the stories of six remarkable young people from across the United States and Canada as they confront life alone on the streets. Each eventually finds his or her way to Covenant House, the largest charity serving homeless and runaway youth in North America.

**America’s Promise** *by Alma Powell—*In this playful picture book, Alma Powell introduces young readers to the basic principles of America’s Promise- caring adults, safe places, a healthy start, marketable skills, and opportunities to serve- and inspire us all to make America a better place for our children.

**Asap: Ages, Stages, and Phases: from Infancy to Adolescence: Integrating Physical, Social, Emotional, Intellectual, and Spiritual Development** *by Patricia D. Fosarelli, M.D.* In ASAP, Dr. Patricia D. Fosarelli provides a rare synthesis of nearly thirty years’ observing, treating and teaching medical students about child development coupled with her work as a pastoral associate in a large parish. From this uniquely informed perspective, Fosarelli offers insight and tangible advice to all those who care about how children grow and thrive.

**Between the World and Me** *by Ta-Nehisi Coates* –In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, TaNehisi Coates offers a powerful new framework for understanding our nation’s history and current crisis. Americans have built an empire on the idea of “race,” a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden? Between the World and Me is Ta-Nehisi Coates’s attempt to answer these questions in a letter to his adolescent son. Coates shares with his son—and readers—the story of his awakening to the truth about his place in the world through a series of revelatory experiences.

**Black and Blue** *by Anna Quindlen—*For 18 years, Fran Bendetto kept her secret. And hid her bruises. And stayed with Bobby because she wanted her son to have a father. And because, in spite of everything, she loved him. Then one night, when she saw the look on her ten-year-old son’s face, Fran finally made a choice-and ran for both their lives. Now she is starting over in a city far from home, far from Bobby. In this place she uses a name that isn’t hers, and cradles her son in her arms, and tries to forget. For the woman who now calls herself Beth, every day is a chance to heal, to put together the pieces of her shattered self. And every day she waits for Bobby to catch up to her. Because Bobby always said he would never let her go. And despite the flawlessness of her escape, Fran is certain of one thing: It is only a matter of time….

**Black Like Me** by *John Howard Griffin -* In the Deep South of the 1950s, journalist John Howard Griffin decided to cross the color line. Using medication that darkened his skin to deep brown, he exchanged his privileged life as a Southern white man for the disenfranchised world of an unemployed black man. His audacious, still chillingly relevant eyewitness history is a work about race and humanity-that in this new millennium still has something important to say to every American.

**Black Lives, White Lives: Three Decades of Race Relations in America** by *Bob Blauner* The story of Howard Spence is just one of the remarkable personal dramas recounted in *Black Lives, White Lives*. Not all of the tales told by the sixteen blacks and twelve whites interviewed are as encouraging; some are bitter accounts of failed promises, misunderstandings, and lost opportunities. Black and white, rich and poor, men and women, collectively they reveal in their own words the paradoxical realities wrought by three decades of tumultuous racial change.\*\*\*

**Blackbird: A Childhood Lost and Found** by *Jennifer Lauck -* To young Jenny, the house on Mary Street was home -- the place where she was loved, a blue-sky world of Barbies, *Bewitched,* and the Beatles. Even her mother's pain from her mysterious illness could be patted away with powder and a kiss on the cheek. But when everything that Jenny had come to rely on begins to crumble, an odyssey of loss, loneliness, and a child's will to survive takes flight.

**Blow Away the Black Clouds: A Woman's Answer to Depression** by *Florence Littauer -* Writing out of her own experiences, Florence Littauer addresses this book to women and men suffering from any level of depression, even if it is simply feelings of inadequacy, insecurity, or inferiority which get in the way of living fully.

**Bridges Out of Poverty** *by Ruby Payne* –Bridges Out of Poverty takes the concepts of hidden rules of economic class and uses them to educate social workers, employers and community organizations about the unique and sometimes hidden obstacles that individuals from poverty face. Strategies help improve services for clients, raise retention rates for new hires from poverty, and increase understanding of the differences in economic cultures and how those differences affect opportunities for success.

**Brown Babies, Pink Parents** *by Amy Ford*– “A Humorous and heartfelt look at being a multi-cultural family in a race conscious world.”

**Burning Down the House: The End of Juvenile Prison** *by Nell Bernstein* –One in three American children will be arrested by the time they are twenty-three, and many will spend time locked inside horrific detention centers that defy everything we know about how to rehabilitate young offenders. In a clear-eyed indictment of the juvenile justice system run amok, award-winning journalist Nell Bernstein shows that there is no right way to lock up a child. The very act of isolation denies delinquent children the thing that is most essential to their growth and rehabilitation: positive relationships with caring adults. Bernstein introduces us to youth across the nation who have suffered violence and psychological torture at the hands of the state. She presents these youths all as fully realized people, not victims. As they describe in their own voices their fight to maintain their humanity and protect their individuality in environments that would deny both, these young people offer a hopeful alternative to the doomed effort to reform a system that should only be dismantled.

**Can This Child be Saved? Solutions for Adoptive and Foster Families** *by Foster W. Cline, M.D. and Cathy Helding—*Over 200,000 children live in foster homes in America today. Forty to sixty percent of these children have been severely and permanently damaged by their pasts, resulting in behavioral, psychiatric, emotional, and neurological disorders. Large numbers of previously adopted children (both domestic and international) suffer from similar problems. In the past, these children would have been cared for in specialized facilities staffed for 24 hours a day by professionals. Today they are placed inadequately prepared adoptive or foster homes where they often become uncontrollable, and forcefully reject those who want only to love and help them. In the past, when families sought understanding and help, they found there was little or none available. Now there is.

**Child Abuse Trauma: Theory and Treatment for the Lasting Effects** – *Dr. John Briere* The author integrates information on seven types of child abuse and neglect - ranging from sexual and physical abuse to mistreatment by alcoholic or drug-addicted parents - and outlines the complex ways in which abuse impacts on later psychosocial functioning. Briere reframes traditional notions of psychopathology and describes treatment approaches to abuse-related Post-Traumatic Stress Disorder, interpersonal dysfunction, self-destructive behavior, impaired self-reference and borderline personality disorder.

**Child Abuse. What You Need to Know** *by Evin Daly* –A definitive guide to understanding every facet of child abuse-physical, emotional and sexual; and neglect. Providing an in depth look at each. Including the connection between child abuse and domestic violence.

**Citizen: An American Lyric** by *Claudia Rankine* –This book recounts mounting racial aggressions in ongoing encounters in 21st century daily life and in the media. The accumulative stresses come to bear on a person’s ability to speak, perform, and stay alive. Citizen is a powerful testament to the individual and collective effects of racism in our contemporary, often named “post-race” society.

**Claiming Georgia Tate** *by Gigi Amateau—*Georgia Tate Jamison never knew her mother and what she knows of her dad from their one vacation together isn’t good. Her grandparents have raised her ever since she was a baby, but they would never ever tell her the secret that her best friend, Ginger, finally lets spill. Could Georgia Tate be the last person in Ripley, Mississippi, to learn the truth about her mama’s death?

**Coping with an Anxious or Depressed Child** *by Sam Cartwright-Hatton—*Written for parents. This book uses the latest clinical research in Cognitive Behaviour Therapy to provide clear, effective methods to tackle anxiety and depression in children.

**Crazy Love** by *Lesie Morgan Steiner -* At 22, Leslie Morgan Steiner seemed to have it all: good looks, a Harvard diploma, a glamorous job in New York City, plus a handsome, funny boyfriend who adored her. But behind her façade of success, this golden girl hid a dark secret. She’d made a mistake shared by millions: she fell in love with the wrong person. At first, Leslie and Connor seemed perfect together. Then came the fights she tried to ignore: he pushed her down the stairs, choked her during an argument, and threatened her with a gun. Several times, he came close to making good on his threat to kill her. With each attack, Leslie lost another piece of herself. Why didn’t she leave? She stayed because she loved him. Gripping and utterly compelling, *Crazy Love* takes you inside the violent, devastating world of abusive love and makes you feel the power and powerlessness of abuse that can take place anywhere and to anyone. *Crazy Love* draws you in -- and never lets you go.

**Damaged** by *Cathy Glass -* Although Jodie is only eight years old, she is violent, aggressive, and has already been through numerous foster families. Her last hope is Cathy Glass. At the Social Services office, Cathy (an experienced foster parent) is pressured into taking Jodie as a new placement. Jodie's challenging behavior has seen off five foster placements in four months. Despite her reservations, Cathy decides to take on Jodie to protect her from being placed in an institution. Jodie arrives, and her first act is to soil herself, and then wipe it on her face, grinning wickedly. Jodie meets Cathy's teenage children, and greets them with a sharp kick to the shins. That night, Cathy finds Jodie covered in blood, having cut her own wrist, and smeared the blood over her face. As Jodie begins to trust Cathy her behavior improves. Over time, with childish honesty, she reveals details of her abuse at the hands of her parents and others. It becomes clear that Jodie's parents were involved in a sickening pedophile ring, with neighbors and Social Services not seeing what should have been obvious signs. Unfortunately Jodie becomes increasingly withdrawn, and it's clear she needs psychiatric therapy. Cathy urges the Social Services to provide funding, but instead they decide to take Jodie away from her, and place her in a residential unit. Although the pedophile ring is investigated and brought to justice, Jodie's future is still up in the air. Cathy promises that she will stand by her no matter what—her love for the abandoned Jodie is unbreakable.

**Dare to Wear Your Soul on the Outside** *by Dr. Gloria Burgess –* In this inspirational book, Gloria Burgess uses the touching story of her father’s relationship with William Faulkner as a starting point to explore a classing topic: how to bring forth the character qualities of love, wisdom, trust, faith, gratitude, creative action, vision, and integrity. Burgess declares the “sacred promises of legacy living” as part of a transformational intention in the present, and freeing our talents so we can realize our potential.

**Deculturalization and the Struggle for Equality: A Brief History of the Education of Dominated Cultures in the United States** by *Joel Spring* - This text is a concise history of Anglo American racism and school policies affecting dominated groups in the United States. It focuses on the educational, legal, and social construction of race and racism, and on educational practices related to deculturalization, segregation, and the civil rights movement. Spring emphasizes issues of power and control in schools and shows how the dominant Anglo class has stripped away the culture of minority peoples in the U.S. and replaced it with the dominant culture. In the process, he gives voice to the often-overlooked perspectives of African Americans, Asian Americans, Hispanic/Latino Americans, and Native Americans. An understanding of these historical perspectives and how they impact current conditions and policies is critical to teachers’ success or failure in today’s diverse classrooms.

**Doing the Best I can: Fatherhood in the Inner City** *by Kathryn Edin* –Across the political spectrum, unwed fatherhood is denounced as one of the leading social problems of today. Doing the Best I Can is a strikingly rich, paradigm-shifting look at fatherhood among inner-city men often dismissed as “deadbeat dads.” Drawing on years of fieldwork, Doing the Best I Can shows how mammoth economic and cultural changes have transformed the meaning of fatherhood among the urban poor. Intimate interviews with more than 100 fathers make real the significant obstacles faced by low-income men at every step in the familial process: from the difficulties of romantic relationships, to decision-making dilemmas at conception, to the often celebratory moment of birth, and finally to the hardships that accompany the early years of the child's life, and beyond.

**Don’t Hit My Mommy** *by Alicia F. Lieberman and Patricia Van Horn—*This practical handbook offers treatment guidelines to address the behavioral and mental health problems of infants, toddlers, and preschoolers whose most intimate relationships are disrupted by the experience of violence. Practitioners from a variety of disciplines will gain an understanding of the impact of violence and will discover concrete intervention strategies to address the consequences of this experience for young children.

**Etched in Sand** *by Regina Calcaterra* – The true story of five siblings who survived an unspeakable childhood of abuse and faced the challenges of children in foster care, intermittent homelessness and how they overcame.

**Finding Fish** *by Antwone Fisher* –Baby Boy Fisher was raised in institutions from the moment of his birth in prison to a single mother. He ultimately came to live with a foster family, where he endured near-constant verbal and physical abuse. In his mid-teens he escaped and enlisted in the navy, where he became a man of the world, raised by the family he created for himself.

**FLUX: Life After Foster Care** *by Leigh Ecke and Misty Stenslie***—**"Think about how much learning, un-learning and re-learning you've had to do. With each change (move, placement, family, situation, shelter, couch) you've had to unlearn the old rules and learn or re-learn the new set of rules. It's like earning a degree from the system. If you can do that, you can do anything.

**Foster Placements: Why They Succeed and Why They Fail** *by Ian Sinclair* –Based on exhaustive research, the authors discuss the primary concerns in foster placement planning, considering the high frequency of placement breakdowns, their impact on the child's behavior and school performance, and the challenges this places on foster families.

**Garbage Bag Suitcase** *by Shenandoah Chefalo*—The true story of Chefalo’s wholly dysfunctional journey through a childhood with neglectful, drug-and-alcohol addicted parents. She endured numerous moves in the middle of the night with just minutes to pack, multiple changes in schools, hunger, cruelty, and loneliness.

**Ghosts from the Nursery** *by Robin Karr-Morse* –This book incorporates significant advances in neurobiological research over the past decade. The author’s groundbreaking conclusions became even more relevant following the wave of school shootings across the nation. Following each media coverage and public debate turned yet again to the usual suspects concerning the causes of violence: widespread availability of guns and lack of mental health services for late-stage treatment. Discussion of the impact of trauma on human life- especially early in life during chemical and structural formation of the brain- is missing from the equation.

**Ghost Girl: The True Story of a Child in Peril and the Teacher Who Saved Her** *by Torey L. Hayden* - Jadie never spoke. She never laughed, or cried, or uttered any sound. Despite efforts to reach her, Jadie remained locked in her own troubled world--until one remarkable teacher persuaded her to break her self-imposed silence. Nothing in all of Torey Hayden's experience could have prepared her for the shock of what Jadie told her--a story too horrendous for Torey's professional colleagues to acknowledge. Yet a little girl was living in a nightmare, and Torey Hayden responded in the only way she knew how--with courage, compassion, and dedication--demonstrating once again the tremendous power of love and the resilience of the human spirit.

**Girl Interrupted** *by Susanna Kaysen* - Susanna Kaysen's *Girl, Interrupted* is the autobiographical story of the author's time in a psychiatric award in 1967. Sylvia Plath was a patient at the same hospital in the early 1950s so inevitably comparisons have been made between Plath's *The Bell Jar* and Kaysen's novel--both recounting a young woman's descent into insanity. This, however, is where the similarities end. *The Bell Jar* is a haunting and lyrical book; *Girl, Interrupted* is a more hard-edged, documentary-style narrative\*\*\*\*\*

**Grief in Young Children** *by Dr. Atle Dyregrov—*Provides parents and carers with all the information they need to develop a good understanding of loss in the early years. Illustrated throughout with case examples, bereavement expert Atle Dyregrov explores young children’s reactions to death and loss, both immediately after the event and over time. For example, young children may engage in ‘magic thinking’- believing that wishing someone dead can actually cause death- which often leads to feelings of guilt. Full of practical advice on issues such as how to remember the person, how to answer difficult questions and suggestions for exploring feelings through play, this accessible book enables adults to help children to develop an acceptance of grief and an understanding of death and loss.

**Growing Up in the Care of Strangers** *by Waln Brown and John Seita* –Products of foster care themselves, 11 college-educated adults share their insights about their experiences and provide recommendations for professionals about what would improve foster care.

**Growing Up Sad: Childhood Depression and Its Treatment by** *Leon Cytryn and Donald H. McKnew Jr. S*ignifying the growing recognition and significance of depression in children, clinicians and researchers Cytryn and McKnew deliver comprehensive, authoritative, and current information on the advances in diagnosis and treatment. Referring to research studies and their own experiences, the physicians discuss the characterization of depression, its relation to adult depressive disorders, its manifestations at various ages, its environmental and biological causes, and its psychosocial and pharmacological treatment. The authors also address the practical and troubling issues of suicide, at-risk kids, dealing with a depressed child, and preventive measures and vigorous treatment. They summarize new research in genetics and neuroimaging, acknowledging trends toward greater understanding and more effective treatment. Based on their 1983 *Why Johnny Can't Cry*, these authors reflect both the tremendous gain in knowledge about the disease as well as active concern for the care and future of all children who are depressed. A significant book for parents, educators, health professionals, and policy makers.

**Help Yourself** *by Dave Pelzer—* As more than two million readers have learned from his three previous book, Dave Pelzer doesn’t believe in feeling sorry for himself. Abused mercilessly by his mother as a child, and turned it into something positive so that he can help others. Now happily marries and with a child of his own, he celebrates the twin pillars of strength that saw him through his darkest hours- resilience and gratitude. And he shows how anyone can tap in to these virtues to live a better and more fulfilling life.

**Hope’s Boy** *by Andrew Bridge* –Bridge's memoir of surviving his childhood in a broken child-care system where the state acts as parents for the young certainly illustrates the complexity of such government institutions. After being removed from his mother by the state, Bridge spent a brief stint in a residential program before being put into foster care. His decade-long stay with an emotionally abusive and unsupportive family left its share of marks.

**How Children Succeed** *by Paul Tough* –Why do some children succeed while others fail? The story we usually tell about childhood and success is the one about intelligence: success comes to those who score highest on tests, from preschool admissions to SATs. But in How Children Succeed, Paul Tough argues that the qualities that matter more have to do with character: skills like perseverance, curiosity, optimism, and self-control.

**How to Talk So Kids Will Listen and Listen So Kids Will Talk** *by Adele Faber & Elaine Mazlish -* This is an excellent communication tool kit based on a series of workshops developed by Adele Faber and Elaine Mazlish. Faber and Mazlish (coauthors of [*Siblings Without Rivalry*](http://www.amazon.com/exec/obidos/ISBN%3D0380705273/%24%7B0%7D)) provide a step-by-step approach to improving relationships in *your* house. The "Reminder" pages, helpful cartoon illustrations, and excellent exercises will improve your ability as a parent to talk and problem-solve with your children

**I Know Why the Caged Bird Sings** *by Maya Angelo* - In this first of five volumes of autobiography, poet Maya Angelou recounts a youth filled with disappointment, frustration, tragedy, and finally hard-won independence.

**I Speak For This Child: True Stories of a Child Advocate** *by Gay Courter* –In I Speak For This Child, bestselling novelist Gay Courter recounts her experiences as a Guardian ad Litem, a volunteer court appointed advocate for children involved in Florida's court system. Following her first tentative approach to her local Court Appointed Special Advocates program to her more determined efforts, we get an insider's glimpse on this hidden world and learn what it takes to ensure that America's most vulnerable citizens are treated with care and respect.

**Innocent, Yet So Dead** *by Bill Davis*—The true story of the kidnapping, rape, and murder of a 10-year-old child. Written by the police detective who investigated the crime. During a family weekend at an antique mall in Texas , Joe and Elaine Langley’s life would be changed forever. Their daughter disappeared while buying peanuts just a few yards away. Five hours later her body was found under a remote rural bridge 80 miles away.

**Instant Mom** *by Nia Vardalos* –Nia Vardalos, writer and star of My Big Fat Greek Wedding, tells her hilarious and poignant road-to-parenting story that eventually leads to her daughter and prompts her to become a major advocate for adoption. Vardalos chronicles her attempts to have a baby, and how she tries everything—from drinking jugs of green mud tea, to acupuncture, to working with two surrogates. Finally, she and her husband, actor Ian Gomez, decide to try adoption and discover a free service: Foster Family Agencies. Then one day, the social workers "match" her with an almost-three-year-old girl, who she knows, instantly, is her daughter. With her signature wit and candor, Nia Vardalos reveals what really came next— the truth of how she and her husband transitioned a preschooler into their home. Vardalos opens up about the bawlingtears and belly-laughter that all make up what it means to be...a parent.

**Intimate Violence in Families** by *Richard J Gelles* - Armed with the latest research in the field, the **Third Edition** of **Intimate Violence in Families** explodes many of the conventional myths and controversies hindering understanding of family violence, and replaces them with the most current knowledge available.

**Invisible Kids: Marcus Fiesel’s Legacy** *by Holly Schlaack—*Every so often a story hits the headlines, and for a brief moment, people awaken to the plight of a child in foster care. Perhaps there is some comfort in thinking the tragedy is an isolated incident. However, these stories are not uncommon; they are just not often told. There is more to the foster care story, and it needs to be made known. Not so we can wring our hands and gnash our teeth, but so we can do something about it. *Invisible kids* reveals an insider’s view of foster care- the successes and the failures- and details how the foster care system can be improved. It tugs at the heartstrings and motivated us to action so that, some day, there will be no need to weep for the children.

**It’s My Life: A Guide for Transitional Services** by *Casey Family Programs* - The purpose of this guide is to give child welfare professionals the information and tools they need to help youth successfully prepare for and complete postsecondary education or training. The guide will also be useful to other adults working with youth in foster care, including teachers, counselors, mentors, CASA (court-appointed special advocate) volunteers, caregivers, and birth parents.

**Jason: Ward of the State** *by Mary J. Peterson—*is Mary J. Peterson’s compelling story of commitment and care of a student who became a ward of the sate long after she had been his first grade teacher. She guided Jason as well as his brother, forging a bond that goes beyond blood ties. Her lobe and focus on the importance of education helped them survive the “system,” attend college, and become successful adults.

**Janey’s Girl** *by Gayle Friesen—*For fourteen-year-old Claire, family has always meant just the two of them- her and her mother, Jane. All Claire knows about the small town where her mother grew up is that it was a place to get out of and never go back. Until now. This year Jane has decided that they will spend August on the family farm. As they travel there together, Claire is full of questions: Why don’t they ever talk about her grandfather? Why did her mother leave Smallwood? And there’s someone else to wonder about- a man named Harold, Claire’s father. All her life she’s dreamed of their first meeting: he’d recognize her right away- and love her. But families have more secrets than Claire realizes, and real-life relationships can be more complicated than a young girl’s dreams.

**Juvenile Delinquency in a Diverse Society** *by Kristin A. Bates and Richelle S. Swan* –This engaging, student-friendly text takes a critical look at juvenile delinquency today. Authors Kristin Bates and Richelle Swan examine the phenomenon of juvenile delinquency in the context of real communities and social policies, integrating into the text the many social factors that shape juvenile delinquency and its control (including race, ethnicity, class, gender, and sexuality). Offering a thorough mix of traditional and cutting-edge theories, research, and practices, this text helps students develop critical thinking skills and answer many of the difficult questions on juvenile delinquency that they will face in their careers and lives.

**Kinship Care: A Natural Bridge** *by Child Welfare League of America* – Beginning with a definition of kinship parenting and current policy and practice in kinship care, this important new report from the Child Welfare League of America addresses one of the most significant emerging issues in the child welfare field. Based on the recommendations of the CWLA North American Kinship Care Policy & Practice committee, the report provides a framework for kinship care policy and practice and sets forth the steps to further advance kinship care as a child welfare service, including an agenda for child welfare agencies, legislative directions and research.

**Last Chance in Texas: The Redemption of Criminal Youth** *by John Hubner* –A powerful, bracing and deeply spiritual look at intensely, troubled youth, Last Chance in Texas gives a stirring account of the way one remarkable prison rehabilitates its inmates. While reporting on the juvenile court system, journalist John Hubner kept hearing about a facility in Texas that ran the most aggressive–and one of the most successful–treatment programs for violent young offenders in America. How was it possible, he wondered, that a state like Texas, famed for its hardcore attitude toward crime and punishment, could be leading the way in the rehabilitation of violent and troubled youth?

**Lean Forward into Your Life: Begin Each Day As If It Were on Purpose** *by Mary Anne Radmacher*—an invitation to the millions of people who want to make the most of their lives & leave the world a slightly better place.

**Learning to Live: A Black Woman's Journey Beyond Foster Care** *by Theresa Cameron—* This sequel to *Foster Care Odyssey: A Black* *Girl's Journey* begins with Cameron leaving foster care with little more than her high school diploma; a shabby suitcase of well worn clothes; and a burning desire to prove that she is somebody. The book follows her journey through her education at State University of New York and Harvard University, where she chooses housing for children with AIDS for her thesis.

**Lighting the Way: Volunteer Child Advocates Speak Out** *by National Court Appointed Special Advocate Association—*Parents on the run from the law, stepparents who physically or sexually assault their children, teenagers who set fire to themselves and others: such are the tales or abused and neglected child.

**Like Family: Growing Up in Other people** *by Paula McCain* –Paula McLain has written a powerful and haunting memoir about the years she and her two sisters spent as foster children. In the early 70s, after being abandoned by both parents, the girls were made wards of the Fresno County, California court and spent the next 14 years-in a series of adoptive homes. The dislocations, confusions, and odd pleasures of an unrooted life form the basis of a captivating memoir. McLain's beautiful writing and limber voice capture the intense loneliness, sadness, and determination of a young girl both on her own and responsible, with her siblings, for staying together as a family.

**Living for Today** *by Erin Merryn—*Fans of Merryn’s heart-wrenching debut memoir *Stolen Innocence* were left wondering what would become of an emotionally fragile Erin after her confrontation with the reality and repercussions of being a child of incest and molestation. In *Living Today,* Erin chronicles how she cultivated the strength to face her abuser and eventually found relief from years of emotional restlessness, while also igniting the beginnings of new fearless journey. *Living for Today* chronicles that journey, which began unearthing of private shame, releasing of ugly memories, letting go of guilt, and becoming the mouthpiece of millions of her generation.

**Mommy, Please Read This: The FACTS About Child Sex Abuse** *by Troy D. Timmons—*One out of three girls and one out of six boys are sexually abused before their 18th birthday (and most often by family members or friends of the family). This heartwarming book teaches how to better recognize, protect, and respond to America’s silent epidemic- child sexual abuse. A must read for potential heroes everywhere.

**Murphy's Boy** by *Torey Hayden* His name was Kevin but his keepers called him Zoo Boy. He didn't talk. He hid under tables and surrounded himself with a cage of chairs. He hadn't been out of the building in the four years since he'd come in. He was afraid of water and wouldn't take a shower. He was afraid to be naked, to change his clothes. He was nearly 16. Desperate to see change in the boy, the staff of Kevin's adolescent treatment center hired Hayden. As Hayden read to him and encouraged him to read, crawling down into his cage of chairs with him, Kevin talked. Then he started to draw and paint and showed himself to have a quick wit and a rolling, seething, murderous hatred for his stepfather.

**No Matter How Loud I Shout** *by Edward Humes* –In an age when violence and crime by young people is again on the rise, No Matter How Loud I Shout offers a rare look inside the juvenile court system that deals with these children and the impact decisions made in the courts had on the rest of their lives. Granted unprecedented access to the Los Angeles Juvenile Court, including the judges, the probation officers, and the children themselves, Edward Humes creates an unforgettable portrait of a chaotic system that is neither saving our children in danger nor protecting us from adolescent violence. Yet he shows us there is also hope in the handful of courageous individuals working tirelessly to triumph over seemingly insurmountable odds.

**Ocean Star** *by Christina DiMari*—Like a broken starfish that miraculously regenerates in ocean waters, Christina DiMari has experienced triumphant healing from a childhood filled with chaos and pain.

**Oh, the Places You’ll Go** *by Dr. Seuss—*For out-starting upstarts of all ages, here is a wonderfully wise and blessedly brief graduation speech from the one and only Dr. Suess. In his inimitable, humorous verse and pictures he addresses the Great Balancing Act (life itself, and the ups and downs it presents) while encouraging us to find the success that lies within us.

**One Child** by *Torey L. Hayden -* Sheila, a 6-year-old girl living in grinding poverty and raised by her single father faced some daunting odds when she entered Torey Hayden's special needs class. Abandoned by her mother, beaten by her father and facing a court ordered sentence to a hospital after a particularly violent episode, Sheila was extremely aggressive and wary. Since she had no bathing facilities in the home she shared with her father, Sheila was often dirty and underfed. It is a true testament to her courage and Torey Hayden's belief and persistence that Sheila began confiding in her within 3 days of her classroom placement. I like the way Torey Hayden started a grooming routine for Sheila, which positively impacted her behavior and interactions with others.

**One Kid at a Time** *by Jake Dekker--*  This true, heartwarming story reveals that miracles occur in everyday life. Enjoyable and uplifting, it will empower- and encourage- everyone who reads it.

**Orphans of the Living: Stories of America’s Children In Foster Care** *by Jennifer Toth -* Make no mistake, Jennifer Toth is angry. She has faith in every child's ability to be rehabilitated, no matter how damaged, but blames the current foster care system for inflicting still more hurt on its hapless charges. Her book is strongest in chronicling the outrageous breakdowns in a system meant to help, not hurt. So relentless is the misery outlined in *Orphans of the Living* that by the book's end one wishes Toth had given the reader some crumbs of hope by proposing concrete ways in which the system might be improved.

**Orphan Train** *by Christina Baker Kline* –Penobscot Indian Molly Ayer is close to “aging out” out of the foster care system. A community service position helping an elderly woman clean out her home is the only thing keeping Molly out of juvie and worse. As she helps Vivian sort through her possessions and memories, Molly learns that she and Vivian aren’t as different as they seem to be. A young Irish immigrant orphaned in New York City, Vivian was put on a train to the Midwest with hundreds of other children whose destinies would be determined by luck and chance. Molly discovers that she has the power to help Vivian find answers to mysteries that have haunted her for her entire life—answers that will ultimately free them both.

**Pigs in Heaven** *by Barbara Kingsolver* - When a young Cherokee tribal lawyer comes to the door to claim Taylor's illegally adopted Indian daughter, the white woman must face the fact that her stable life is about to be torn apart.

**Reviving Ophelia** *by Mary Piper* - At adolescence, says Mary Pipher, "girls become 'female impersonators' who fit their whole selves into small, crowded spaces." Many lose spark, interest, and even IQ points as a "girl-poisoning" society forces a choice between being shunned for staying true to oneself and struggling to stay within a narrow definition of female. Pipher's alarming tales of a generation swamped by pain may be partly informed by her role as a therapist who sees troubled children and teens, but her sketch of a tougher, more menacing world for girls often hits the mark. She offers some prescriptions for changing society and helping girls resist

**Sense Ability: Expanding Your Sense of Awareness for a Twenty-First Century Life** by *Doris Wild Helmering* - Based on years of experience with patients, yielding proven results, psychotherapist Doris Wild Helmering shows you how to develop your sense of self-awareness by understanding the emotions that engulf each one of us and by becoming an impartial observer of the self. Using exercises and strategies developed in her practice, Helmering presents critical questions that must be resolved within ourselves in order to unleash our highest powers. Helmering demonstrates the many benefits of activating one's sense ability: improved relationships, peace of mind, and achieving personal satisfaction and fulfillment in many areas of life.

**She Never Answered** by *Cedric S. McKenzie* - She Never Answered is a compelling story about a little boy abandoned at six days old by his mother. Cedric s mom was told by the Arkansas Foster Care System that her newborn would be placed in a good home, but that was not to be. Cedric would spend the next twenty one years in a system. When he aged out of the system, he was given his case file and was told to have a good life. With no family or place to call home. She Never Answered is not your typical coming of age story, it's a story about one young man s unwavering determination to be more than...

**Should I Medicate My Child? Sane Solutions for Troubled Kids with--and without--Psychiatric Drugs** *by Lawrence H. Diller, M.D.* Behavioral pediatrician and family therapist Diller (Running on Ritalin) presents a thoughtful and balanced discussion of the use of psychiatric medications for adolescents and children. His position is middle of the road. Medication alone doesn't solve a child's behavioral problems, he argues, and therapy and changes in discipline at school and at home sometimes can be enough in themselves. On the other hand, medication can offer some immediate relief and assist in otherwise overwhelming situations.

**Somebody Else's Children: The Courts, The Kids, And The Struggle To Save America's Troubled Families** by *John Huber & Jill Wolfson* - With the narrative force of an epic novel and the urgency of first-rate investigative journalism, this important book delves into the daily workings and life-or-death decisions of a typical American family court system. It provides an intimate look at the lives of the parents and children whose fate it decides.

**Somebody Somewhere: Breaking Free from the World of Autism** by *Donna Williams*  - The sequel to Nobody Nowhere continues the author's account of her battle with autism, describing a life dominated by disembodied pattern, sound, color, and movement, her sessions with her therapist, and her teaching career.

**Someone There for Me** *by National Court Appointed Special Advocate Association--* The children whose stories fill this book… had someone who stood up for them when it mattered most. Many had volunteer child advocated called CASA volunteers or volunteer guardians ad litem. – Antwone Fisher

**SOS Help For Emotions: Managing Anxiety, Anger & Depression** *by Lynn Clark, Ph.D.* SOS Help For Emotions - Managing Anxiety, Anger, And Depression is a self-help book that is fun to read and easy to apply. By understanding and applying insights and techniques from this book, you will learn useful self-help methods from cognitive behavior therapy. You will gain insight into changing your thoughts and feelings and for becoming more successful in attaining your goals. Knowing the five steps of Emotional Intelligence (EQ) will help you to deal with difficult people more effectively. Most people believe that bad events (such as a large credit card debt) and unpleasant people (an overly critical boss) directly cause high levels of anxiety, anger, depression and other miserable feelings. However, SOS teaches what we believe and tell ourselves about the bad events and those difficult people primarily determine our upsetness.

**Still The Big News: *Racial Oppression In America*** by *Bob Blauner -* For more than thirty years, Bob Blauner's incisive writing on race relations has drawn a wide and varied audience. Whether his topic is the Watts riots in 1965, Chicano culture, or the tension between Blacks and Jews, his work is remarkable for its originality and candor. Beginning with the key essays of his landmark book, "Racial Oppression in America", this volume makes the case that race and racism still permeate every aspect of American experience. Blauner launched his concept of internal colonialism in the turbulent 1960s, a period in which many Americans worried that racial conflicts would propel the country into another civil war. The notion that the systematic oppression of people of color in the United States resembles the situation of colonized populations in Third World countries still informs much of the academic research on race as well as public discourse. Indeed, today's critical race and whiteness studies are deeply indebted to Blauner's work on internal colonialism and the pervasiveness of white privilege. Offering a radical perspective on the United States' racial landscape, Bob Blauner forcefully argues that we ignore the persistence of oppression and our continuing failure to achieve equality at our own peril.

**Still Waters** by Jennifer Lauck - Separated from her brother Bryan, and passed from caretaker to caretaker, Jenny discovers - as she rebels her way through high school and into adulthood - that the past can never be truly locked away forever. She survived the stunning traumas of a lost childhood, but survival may not be a way of life. Now the secrets, lies and loneliness that once imprisoned her are brought into sharp focus, where an adult Jenny can make her peace at last. But one more mystery demands her attention: the quiet troubled soul of Bryan, who, lacking the inner strength of the survivor chooses a sad and sorrowful destiny.

**Stolen Innocence** *by Erin Merryn—*Eleven-year-old Erin Merryn’s life was transformed on the night she was sexually abused by her cousin. As the abuse continued, and as she was forced to see her abuser over and over again in social situations, she struggled with self-doubt, panic attacks, nightmares, and the weight of whether or not to tell her terrible secret. It wasn’t until a traumatic series of events showed her the cost of silence that she chose to speak out- in the process of destroying both her family and last of her innocence. Through her personal diary, written during the years of her abuse, Erin shares her journey through pain and confusion to inner strength and, ultimately, forgiveness.

**Supporting Kinship Care: *Promising Practices and Lessons Learned*** *by Casey Family Programs* Relatives and other significant adults in families’ lives have always played a role in raising children when their parents could not care for them. Practical guide on how can child welfare systems respond appropriately and responsively to the needs of kinship families.

**The Boy Who Was Raised as a Dog** *by Bruce Perry* –Traumatized children can teach us about loss, love and healing. A psychiatrist carefully examines and explains attachment disorders including RAD.

**The Butterfly Garden** *by Chip St. Clair* –Fear rocked Chip St. Clair's world. As a boy, he never knew what would set his father off--maybe the ice cubes had melted in his glass of Tab, maybe dinner was overcooked or undercooked or the gravy was too runny. Regardless, the beatings always came. As did the twisted games of cat and mouse--being thrown from a rowboat into frigid Lake Michigan, the middle-of-the-night moves to different states, or being left to dangle over a ten-story balcony while his father watched from inside. But one fateful night when the police answered the call, the truth came to light from the shadows, sparking national headlines: Chip St. Clair's entire life--his name, even his date of birth--had been a lie, and the man he called 'Dad' was an impostor, an escaped child killer who had been on the run for over two decades. The stunning revelation would send one of America's Most Wanted to justice and another on a quest for his true identity.

**The Color of Water** *by James McBride* –Interspersed throughout his mother's compelling narrative, McBride shares candid recollections of his own experiences as a mixed-race child of poverty, his flirtations with drugs and violence, and his eventual self- realization and professional success.

**The Connected Child** *by Karyn Purvis* –The adoption of a child is always a joyous moment in the life of a family. Some adoptions, though, present unique challenges. Welcoming these children into your family--and addressing their special needs--requires care, consideration, and compassion. Written by two research psychologists specializing in adoption and attachment, The Connected Child will help you: Build bonds of affection and trust with your adopted child-Effectively deal with any learning or behavioral disorders-Discipline your child with love without making him or her feel threatened-"A must-read not only for adoptive parents, but for all families striving to correct and connect with their children."

**The Family Under the Bridge** *by Natalie Savage Carlson—* Once there was an old man named Armand who lived under a bridge in Paris. Everything he owned could be pushed around in an old baby buddy without a hood- it was easy for him to move from place to place. Armand loved his solitary, carefree life. Children, he said, were like starlings, and one was better off without them. But children who lived under the bridge knew a true friend when they saw one, even if that friend was a little grumpy to begin with. And it did not take Armand long to see he had gotten himself a ready-made family- one he loved with all his heart, and one he would have to find a better home for than the bridge.

**The Glass Castle** *by Jeanette Walls* –In her childhood memoir, The Glass Castle, Jeannette Walls offers a blow-by-blow description of growing up with parents whose capacity for loving their children is greater than their ability to care for them.

**The Great Behavior Breakdown** *by B. Bryan Post—*Lying, stealing, defiance, incessant chatter… presented here are 27 of the most serious, problematic and challenging behaviors that parents face and step-by-step guidance from America’s Foremost Child Behavior Expert on how to deal with them.

**The Lost Boy** *by Dave Pelzer* –This is Dave Pelzer's long-awaited sequel to A Child Called "It". In The Lost Boy, he answers questions and reveals new adventures through the compelling story of his life as an adolescent. Now considered an F-Child (Foster Child), Dave is moved in and out of five different homes. He suffers shame and experiences resentment from those who feel that all foster kids are trouble and unworthy of being loved just because they are not part of a "real" family.

**The Language of Flowers** *by Vanessa Diffenbaugh—* A mesmerizing, moving, and elegantly written debut **novel**, The Language of Flowers beautifully weaves past and present, creating a vivid portrait of an unforgettable woman whose gift for flowers helps her change the lives of others even as she struggles to overcome her own troubled past.

**The Limits of Hope: An Adoptive Mother’s Story** *by Ann Kimble Loux* –Loux tells the story of her family's decision to adopt two sisters removed from their alcoholic biological mother. This personal account tells of Loux's attempt to raise these girls along with her three biological children. In the conclusion, Loux suggests alternatives to traditional adoption for the care of troubled older children.

**The Other Wes Moore** *by Wes Moore* – Two kids named Wes Moore were born blocks apart within a year of each other. Both grew up fatherless in similar Baltimore neighborhoods and had difficult childhoods; both hung out on street corners with their crews; both ran into trouble with the police. How, then, did one grow up to be a Rhodes Scholar, decorated veteran, White House Fellow, and business leader, while the other ended up a convicted murderer serving a life sentence? Wes Moore, the author of this fascinating book, sets out to answer this profound question. In alternating narratives that take readers from heart wrenching losses to moments of surprising redemption, The Other Wes Moore tells the story of a generation of boys trying to find their way in a hostile world. "The chilling truth is that his story could have been mine. The tragedy is that my story could have been his."

**The Out of Sync Child** *by Carol Kranowitz* – The Out-of-Sync Child broke new ground by identifying Sensory Processing Disorder, a common but frequently misdiagnosed problem in which the central nervous system misinterprets messages from the senses. This newly revised edition features additional information from recent research on vision and hearing deficits, motor skill problems, nutrition and picky eaters, ADHA, autism, and other related disorders.

**The Privilege of Youth: A Teenager’s Story** *by Dave Pelzer*—In this book, Pelzer supplies the missing chapter of his life: as a boy on the threshold of adulthood. With sensitivity and insight, he recounts the relentless taunting he endured from bullies; but he also describes the thrill of making his first real friends- some of whom he still shares close relationships today. He writes about the simple pleasures of exploring his neighborhood, while trying to forget the hell waiting for him at home.

**The Spirit Catches You and You Fall Down** *by Anne Fadiman* – The Spirit Catches You and You Fall Down explores the clash between a small county hospital in California and a refugee family from Laos over the care of Lia Lee, a Hmong child diagnosed with severe epilepsy. Lia's parents and her doctors both wanted what was best for Lia, but the lack of understanding between them led to tragedy.

**Three Little Words** *by Ashley Rhodes-Courter* –The author's ability to form intelligent, open-minded conclusions about her traumatic childhood demonstrates her remarkable control and insight, and although there are plenty of wrenching moments, she succeeds not in attracting pity but in her stated intention, of drawing attention to the children who currently share the plight that she herself overcame.

**Three More Words** *by Ashley Rhodes-Courter*– Ashley Rhodes-Courter spent a harrowing nine years of her life in fourteen different foster homes. Her memoir, Three Little Words, captivated audiences everywhere and went on to become a New York Times bestseller. Now Ashley reveals the nuances of life after foster care: College and its assorted hijinks, including meeting “the one.” Marriage, which began with a beautiful wedding on a boat that was almost hijacked (literally) by some biological family members. Having kids— from fostering children and the heartbreak of watching them return to destructive environments, to the miraculous joy of blending biological and adopted offspring.

**There Are No Children Here: *The Story of Two Boys Growing Up in The Other America*** by *Alex Kotlowitz -* This is the moving and powerful account of two remarkable boys struggling to survive in Chicago's Henry Horner Homes, a public housing complex disfigured by crime and neglect.

**They Cage Animals at Night** *by Michael Burch Jennings* - One rainy day in Brooklyn, Jennings Michael Burch's mother, too sick to care for him, left him at an orphanage, saying only, "I'll be right back." She never returned. Shuttled through a series of bleak foster homes and institutions, he never remained in any of them long enough to make a friend. Instead, Jennings clung to a tattered stuffed animal, his sole source of warmth in a frightening world. This is the poignant story of his lost childhood. But it is also the triumphant tale of a little boy who finally gained the courage to reach out for love-and found it waiting for him.

**To The End of June: The Intimate Life of American Foster Care** *by Cris Beam* –Who are the children of foster care? What, as a country, do we owe them? Cris Beam, a foster mother herself, spent five years immersed in the world of foster care looking into these questions and tracing firsthand stories. The result is To the End of June, an unforgettable portrait that takes us deep inside the lives of foster children in their search for a stable, loving family.

**Too Close to Me** *by Dave Pelzer* –To many, Pelzer seemed to have found his happy ending. But for a child abuse survivor, living a normal adult life carries challenges and complications above and beyond those faced by most people. This book, the fifth in Pelzer’s nonfiction series, provides an honest and courageous look at the difficulties inherent in marriage, parenthood, work, and life from the perspective of someone who survived horrific physical and emotional terrors as a child—and who seeks to meet the responsibilities and complications of adult life with love, strength, and an open heart.

**Too Scared to Cry** *by Lenore Terr* - When children witness or experience, sudden, shocking events, how do they assimilate the horror? Terr found they don't simply forget and grow up unscathed. Evidence proves the trauma is recorded and repeatedly replayed by the mind. That these recurring images manifest themselves in different guises is especially intriguing in light of her speculation about repressed trauma in the work of Hitchcock, Stephen King and others. The stories here will break your heart, but Terr's advice for aiding traumatized children can help counter the blows of a violent world.

**Turning Stones - My Days and Nights With Children At Risk** *by Marc Parent—*In this outstanding work of social commentary, Parent describes the harrowing conditions he worked under and the brutalization he witnessed during the four years he was employed as a caseworker by New York City's Emergency Children's Services.

**Trauma Stewardship** *by Laura Van Dernoot Lipsky*– A longtime trauma worker, Laura van Dernoot Lipsky offers a deep and empathetic survey of the often-unrecognized toll on those working to make the world a better place. We may feel tired, cynical, numb, or like we can never do enough. These, and other symptoms, affect us individually and collectively, sapping the energy and effectiveness we so desperately need if we are to benefit humankind, other animals, and the planet itself. Through Trauma Stewardship, we are called to meet these challenges in an intentional way--not by becoming overwhelmed but by developing a quality of mindful presence. Joining the wisdom of ancient cultural traditions with modern psychological research, Lipsky offers a variety of simple and profound practices that will allow us to remake ourselves--and ultimately the world.

**Trouble of Transplants** *by Richard Delaney, Ph.D. and Frank R. Kunstal, ED.D—*This book provides insight into the negative impact of the disturbed child on the foster or adoptive family. It presents practical – if unconventional- treatment strategies for addressing the puzzling, exhausting problems of today’s foster and adoptive children.

**Two Nations: *Black and White, Separate, Hostile, Unequal*** by *Andrew Hacker-* Why, despite continued efforts to increase understanding and expand opportunities, do black and white Americans still lead separate lives, continually marked by tension and hostility? In his much-lauded classic, newly updated to reflect the changing realities of race in our nation, Andrew Hacker explains the origins and meaning of racism and clarifies the conflicting theories of equality and inferiority. He paints a stark picture of racial inequality in America -- focusing on family life, education, income, and employment -- and explores the current controversies over politics, crime, and the causes of the gap between the races. Illuminating and oftentimes startling, *Two Nations* demonstrates how race has defined America's history and will continue to shape its future.

**Understanding the Borderline Mother** *by Christine Ann Lawson-* The first love in our lives is our mother. Recognizing her face, her voice, the meaning of her moods, and her facial expressions is crucial to survival. Dr. Lawson vividly describes how mothers who suffer from borderline personality disorder produce children who may flounder in life even as adults, futilely struggling to reach the safety of a parental harbor, unable to recognize that their borderline parent lacks a pier, or even a discernible shore. Four character profiles describe symptom clusters that include the waif mother, the hermit mother, the queen mother, and the witch.

**Up Against Whiteness: Race, School And Immigrant Youth by Stacey J. Lee -** Pushing the boundaries of Asian American educational discourse, this book explores the way a group of first- and second-generation among students created their identities as "new Americans" in response to their school experiences.

**Uprooting Racism: How White People Can Work for Racial Justice by** *Paul Kivel - Uprooting Racism* offers a framework for understanding institutional racism. It provides practical suggestions, tools, examples, and advice on how white people can intervene in interpersonal and organizational situations to work as allies for racial justice. Completely revised and updated, this expanded third edition directly engages the reader through questions, exercises, and suggestions for action, and takes a detailed look at current issues such as affirmative action, immigration, and health care. It also includes a wealth of information about specific cultural groups such as Muslims, people with mixed-heritage, Native Americans, Jews, recent immigrants, Asian Americans, and Latinos.

**Weeping in the Playtime of Others: America’s Incarcerated Children** *by Kenneth Wooden*– From the summer of 1972 through 1975, Kenneth Wooden visited correctional facilities in thirty states where juveniles between the ages of five and sixteen were being held. During his research he uncovered an astoundingly high incidence of emotional and physical abuse, torture, and commercial exploitation of the children by their keepers, individuals who received public funds to care for them. After observing the brutal treatment of these youths, a significant number of whom were not criminals but runaways or mentally disabled, Wooden described the conditions in which these children lived in Weeping in the Playtime of Others

**What If? Short Stories to Spark Diversity Dialogue** *by Steve L. Robbins—*In this book, Robbins provides 26 inspiring, lively, and sometimes deeply personal stories illustrating diversity and inclusion concepts. He offers insight and practical advice on how to reconcile unity with diversity and reframe our organizations for competitive advantage. He adds tips and suggestions for putting key learning’s into action in your organization, ending each chapter with questions, an activity, and an assignment to inspire you to be more open-minded and inclusive and to discover how the ideas presented in the book might apply to your daily life at work and at home.

**White Oleander** *by Janet Fitch—* It is a coming-of-age story about a child who is separated from her mother and placed in a series of foster homes.

**Why Does He Do That? Inside the Minds of Angry and Controlling Men** *by Lundy Bancroft*"– He doesn't mean to hurt me-he just loses control." "He can be sweet and gentle." "He's scared me a few times, but he never hurts the children- he's a great father." "He's had a really hard life..." Women in abusive relationships tell themselves these things every day. Now they can see inside the minds of angry and controlling men-and change their own lives. In this groundbreaking book, a counselor shows how to improve, survive, or leave an abusive relationship, with: The early warning signs- Nine abusive personality types- How to tell if an abuser can change, is changing, or ever will, the role of drugs, the role of drugs and alcohol and what can be fixed, and what can't, and how to leave a relationship safely.